

NOVEMBER 24, 2013

CHRIST THE KING
SUNDAY



Yorkminster Park

BAPTIST CHURCH

The Rev. Dr. J. Peter Holmes
Minister of the Congregation

The Rev. Dale Rose
Minister of Pastoral Care

Mr. William Maddox B.Mus, FTCL
Organist and Director of Music

Mrs. Cathy Newman RN BScN
Parish Nurse

The Rev. Sam Lee
Minister of Youth

Mrs. Miriam Little
Director of Children's Ministries

The Rev. Dr. William A. Sturgess
Minister Emeritus, Pastoral Care

1585 Yonge Street, Toronto, Ontario M4T 1Z9
T: (416) 922-1167 | www.yorkminsterpark.com



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MORNING WORSHIP – NOVEMBER 24, 2013

The service of worship begins with the music of the organ

Preludes Improvisation - Pastorale *Joseph Jongen*
Andante cantabile (Symphony IV) *Charles-Marie Widor*

Processional Hymn 180 – All hail the power of Jesus’ name, omit verses 2&3(Miles Lane)

Call to Worship **The Rev. Sam Lee**

Introit – (congregation seated) **Christ, whose glory fills the skies** *Keith Bissell*

Christ, whose glory fills the skies, Christ, the true, the only Light, Sun of righteousness arise; triumph o'er the shades of night. Dayspring from on high, be near; Daystar, in my heart appear

Invocation and Lord’s Prayer (*sung Amen*) **The Rev. Sam Lee**

(Please see inside front cover of the hymn book.)

Responsive Psalm 101 **The Rev. Sam Lee**

Gloria Patri - Glory be to the Father, and to the Son and to the Holy Ghost;
As it was in the beginning, is now and ever shall be, world without end. Amen.

Hymn *SHB 70 – My Lord, you wore no royal crown (O Waly, Waly)

Prayer with the Children & Children’s Atlas **The Rev. Dr. J. Peter Holmes & Renée**

Announcements

Scripture Micah 6: 6-8 (OT p.967) **Mary-Carol Healy,**
Matthew 9: 9-13 (NT p.9) **Yorkminster Park Meals on Wheels Director**

Pastoral Prayer (*seated*) **The Rev. Dale Rose**

Choral Response *C. M. Palmer*

Save, Lord, and hear us, O King of heaven, when we call upon thee. Amen.

Offering - *Our light and momentary troubles are achieving for us an eternal glory that far outweighs the trouble. So we fix our eyes not on what is seen, but what is unseen. For what is seen is temporary, but what is unseen is eternal. (2 Corinthians 4:17-18)*

Anthem – How lovely are thy dwellings *Johannes Brahms*

How lovely are they dwellings fair, O Lord of hosts: my soul ever longeth and fainteth, for the blest courts of the Lord, my heart and flesh do cry to God, cry to the living God. Blest are they that in Thy house are dwelling, they ever praise Thee for evermore.

Doxology Hymn 766

Hymn 188 – O Jesus, King most wonderful (St. Botolph 557)

Sermon – GOD AT THE TABLE: A PLACE FOR SINNERS **Rev. Dr. J. Peter Holmes**

Hymn 184 – Jesus shall reign, omit verse 5 (Duke Street)

Benediction

Choral Amen (Udell in A)

Postlude Trumpet Minuet *Alfred Hollins*

The Memorial Bells will peal for five minutes following the Postlude.

**SHB - Supplementary Hymn Book “Sing to God’s Glory”*

*Soloists: **Jessica Willingham**, soprano; **Dawn King**, soprano;*

***Margaret Terry**, mezzo soprano;*

***Martin Houtman**, tenor; **Stephen King**, baritone.*

***Christel Wiens**, Associate Musician*

SANCTUARY FLOWERS

*The flowers in the Sanctuary today are dedicated to the glory of God
and placed in loving memory of*

NORMAN PURSER

by Linda.

***The Rose on the Communion Table is placed for
Prisca Amani Joseph, born November 19, 2013 to Kamran and Karen.***

VISITORS

Whatever your religious background, and however you have come to be with us, we welcome you to Yorkminster Park Baptist Church. We hope that you will feel comforted and fulfilled, and that you will be strengthened to meet the challenges of your daily lives. Please fill out the Welcome card you find in the pew. Place the card in the offering plate or hand it to an usher or minister.

- *City Parking at Alvin Ave. (one street east of Yonge & St. Clair) provides free parking Sunday morning until 12:45 pm. Have your ticket stamped in the Narthex.*
- *The morning service is webcast live and archived on our website.*
- *All morning and evening worship services are recorded on CDs, which may be obtained from the Audio Desk in the Narthex.*
- *Hearing assistance available. Please speak with our volunteer at the Narthex Information table.*
- *A limited number of large-print Bibles and calendars are available for use in worship on the Narthex information table. If you would like one, please ask an usher.*
- *Please find our quarterly newsletter on the Centre Hall, Narthex and South tables.*
- ***For children:*** *Nursery for newborn to 2 years old from 10:50 am and classes for toddlers to grade 5 after the Children's Prayer.*
- *Following each morning worship service, we serve coffee and refreshments in the Narthex, reached through the Sanctuary. We invite you to participate with us.*
- *If you have questions about baptisms, weddings, membership, or any other need we can respond to, please speak with the one of the ministers after the service or call the Church Office, 416-922-1167. And if you wish to know more about Yorkminster Park Baptist Church or to be included on our mailing list, please fill out the card you will find in the pew and give it to an usher or mail it to us.*
- *Downstairs in the lower level, there are bulletin boards where we hang some church-related and community-related events. Next time you are in the lower level, take a moment and browse all of the events that are happening in our community.*

PRAYERS

Immediately following the morning worship service, **Prayers for Healing and Blessing** will be offered in the Centennial Chapel, which is located in the south transept beneath the south balcony, for all who wish a lay leader to pray with them. If you (or someone you know) are going through a difficult time, members of the Pastoral Care Committee are present in the Chapel to offer **PRAYERS FOR HEALING AND BLESSING** each Sunday, following the morning worship service. Your prayers are confidential unless you request they be shared with our Pastoral Care staff. You may also submit a request for prayer on the Welcome card and place it in the offering plate or hand it to an usher or minister.

TODAY immediately following the morning worship service, **FALL BUSINESS MEETING** in the Heritage Room.
David Wilson, Church Clerk

ALL hail the power of Jesus' name !
A Let angels prostrate fall ;
 Bring forth the royal diadem,
 And crown Him Lord of all.

2 Crown Him, ye martyrs of our God,
 Who from His altar call ;
 Extol the stem of Jesse's rod,
 And crown Him Lord of all.

3 Ye seed of Israel's chosen race,
 A remnant weak and small,
 Hail Him who saves you by His grace,
 And crown Him Lord of all.

4 Ye Gentile sinners, ne'er forget
 The wormwood and the gall ;
 Go, spread your trophies at His feet,
 And crown Him Lord of all.

5 Let every kindred, every tribe,
 On this terrestrial ball,
 To Him all majesty ascribe,
 And crown Him Lord of all.

6 O that with yonder sacred throng
 We at His feet may fall,
 Join in the everlasting song,
 And crown Him Lord of all !

My Lord, you wore no royal crown

O Waly, Waly

Trad. melody



1. My Lord, you wore no royal crown;
 You did not wield the powers of state,
 nor did you need a scholar's gown
 or priestly robe to make you great.

2. You did not live a world away
 in hermit's cell or desert cave,
 but felt our pain and shared each day
 with those you came to seek and save.

3. You came unequalled, undeserved,
 to be what we were meant to be:
 to serve, instead of being served--
 a Light for all the world to see.

4. So, when I stumble, set me right;
 command my life as you require;
 let all your gifts be my delight
 and you, my Lord, my one desire.

O JESUS, King most wonderful,
 Thou conqueror renowned,
 Thou sweetness most ineffable,
 In whom all joys are found !

2 When once Thou visitest the heart,
 Then truth begins to shine ;
 Then earthly vanities depart,
 Then kindles love divine.

3 O Jesus, light of all below,
 Thou fount of life and fire,
 Surpassing all the joys we know,
 All that we can desire,

4 May every heart confess Thy name,
 And ever Thee adore ;
 And, seeking Thee, itself inflame
 To seek Thee more and more.

5 Thee may our tongues for ever bless ;
 Thee may we love alone ;
 And ever in our lives express
 The image of Thine own.

6 Stay with us, Lord, and with Thy light
 Illume the soul's abyss ;
 Scatter the darkness of our night,
 And fill the world with bliss. Amen.

- J**ESUS shall reign where'er the sun
Does his successive journeys run;
His kingdom stretch from shore to shore,
Till moons shall wax and wane no more.
- 2 For him shall endless prayer be made,
And praises throng to crown His head;
His name, like sweet perfume, shall rise
With every morning sacrifice.
- 3 People and realms of every tongue
Dwell on His love with sweetest song;
And infant voices shall proclaim
Their early blessings on His name.
- 4 Blessings abound where'er He reigns;
The prisoner leaps to lose his chains,
The weary find eternal rest,
And all the sons of want are blest.
- 5 Where He displays His healing power,
Death and the curse are known no more;
In Him the tribes of Adam boast
More blessings than their father lost.
- 6 Let every creature rise and bring
Peculiar honours to our King;
Angels descend with songs again,
And earth repeat the loud "Amen."

EVENING SERVICE

The service of worship begins with the music of the organ.

Preludes Légende
Idyll

Alexandre Guilmant
Sigfried Karg-Elert

Processional Hymn 182 – Crown Him with many crowns (Diademata)

Call to Worship

The Rev. Dale Rose

Introit – Psalm 82

Tone VIII.2

God standeth in the divine assembly; in the midst of the gods he judgeth. How long will ye give wrong judgement and accept the persons of the ungodly? Do justice for the poor and the fatherless; see that such as are in need and necessity have right. Deliver the outcast and poor; save them from the hand of the ungodly. They have neither knowledge nor understanding; they walk on still in darkness; all the foundations of the earth are out of course. I have said, "Ye are gods and ye are all the children of the Most High, but ye shall die like men and fall like one of the princes." Arise, O God, and judge thou the earth, for thou shalt take all nations to thine inheritance. Gloria.

Invocation and The Lord's Prayer (*sung Amen*) (Please see the inside cover of the hymn book.)

Holy Scripture - Zephaniah 3:14-17 (OT p.981)
John 3:16-21 (NT p.96-97)

Solo – Clouds and darkness are round about Him

C. H. H. Parry

Stephen King, baritone

Pastoral Prayer

Choral Response - O keep my soul and deliver me for I will put my trust in Thee.

W. Maddox

Announcements and Offering

Anthem – King of glory, King of peace

J. S. Bach, arr. W. H. Harris

King of glory, King of peace, I will love Thee; and that love may never cease, I will move Thee. Thou hast granted my request, Thou hast heard me; Thou didst note my working breast, Thou hast spared me. Wherefore with my utmost art I will sing Thee, and the cream of all my heart I will bring Thee. Though my sins against me cried, Thou didst clear me; and alone, when they replied Thou didst hear me. Seven whole days, not one in seven, I will praise Thee; in my heart, though not in heaven, I can raise Thee. Small it is in this poor sort to enroll Thee: e'en eternity's too short to extol Thee.

Prayer of Dedication

Hymn *SHB 89 – Speak Lord in the stillness (Quietude)

Sermon – GOD'S MUSE

The Rev. Sam Lee

Hymn 173 – Hail Thou once despised Jesus (Hyfrodol)

Benediction

Choral Amen (Maddox in G)

Choir Recessional Nunc Dimittis with Antiphon

(Mode III.4, chant C.M. Palmer)

Save us, O Lord, while waking, and guard us while sleeping; that awake we may watch with Thee, and asleep we may rest in peace. Lord, now lettest thou thy servant depart in peace, according to thy word; for mine eyes have seen thy salvation, which thou hast prepared before the face of all people; to be a light to lighten the Gentiles, and to be the glory of thy people Israel. Gloria.

2013 offering envelopes are in the Centre Hall today. Please pick up your set.

Prayers in the Chapel. Each Tuesday at 9:30 a.m., you are invited to join the Ministerial Staff as prayers are lifted to God for individuals, groups, ministry and mission organizations affiliated with Yorkminster Park. If you have a prayer request, please contact Rev. Dale Rose at 416-922- 1240. A printed Prayer List is provided, and available upon request. "But with prayer, that blessed medicine, we are sustained."

The Sanctuary is open for prayer and meditation on
Tuesday and Thursday from 10am to 3pm and Wednesday 10am to 12:30pm.

Philippines Typhoon Relief

As a people we are responding to the recent disaster in the Philippines through both our prayers and our gifts. The Sharing Way, our denomination's relief and development arm, is working closely with partners in the Philippines. To give to the relief effort through the Sharing Way, please place your gifts in your church envelope and designate the amount you wish to give to the Sharing Way, or do so directly through the Canadian Baptist Ministries website <https://www.cbmin.org/cbm/donate> When you go to the page you will be asked to choose a category to donate to – choose emergency relief. You will then be given the option of donating to Philippines Typhoon Relief. All gifts so designated and received before December 8 will be matched by the Canadian government. For a prayer to guide you as you pray for the Philippines, go to Peter's blog at <http://peter.yorkminsterpark.com/2013/11/support-prayer-for-the-philippines.php>

FALL BIBLE STUDIES

Sunday	9:45am	Berean Bible Class in the Red Boardroom
Sunday	10:00am	Bible Basics in the Administrative Boardroom 502
Tuesday	10:00am	Women's Prayer and Bible Study in the Friendship Room
Wednesday	7:00pm	Table Talk in the Friendship Room
Thursday	7:30am	Morning Brew in the Friendship Room
Thursday	7:30pm	Don Mills Bible Study offsite

THIS WEEK

Tuesday

7:00pm	Prayer Shawl Knitting Group, Friendship Room
7:00pm	Health and Wellness Committee Meeting, Library

Thursday

12:30pm	Caregivers' Lunch, Friendship Room
7:30pm	Senior Choir Rehearsal, Cameron Hall

Friday

7:00pm	Health and Wellness Mental Health Educational Event, Cameron Hall
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Next Sunday – ADVENT I

11:00am	The Rev. Dr. J. Peter Holmes
7:00pm	The Rev. Dr. J. Peter Holmes – <i>An Iona Liturgy</i>



CHRISTMAS CARDS

Doug Purdon "Christmas Eve" Christmas Cards are available from the YP Women for \$15 per box. One option is blank and the other option has a Christmas greeting inside. Please contact the Church Office if you would like more information.



**Tuesday Evening Knitting/
Prayer Shawl Group
Tuesday, November 26, 2013 at 7pm**

This group is an initiative of the Yorkminster Park Baptist Church Women. We invite any interested knitters to join us in the Friendship Room for an evening of knitting and fellowship. Needles, yarn and patterns will be available. If you are a less experienced knitter, assistance will also be available.

We will gather the fourth Tuesday evening of the month in the Friendship Room.

Organist Tom Trenney in Concert at Yorkminster Park Baptist Church

Wednesday, November 27, 7:30 p.m.

Known for his engaging improvisations on hymns, submitted themes, silent films, scripture, poetry and artwork, Tom Trenney became the first organist to be awarded First Prize and Audience Prize in the American Guild of Organists (AGO) National Competition on Organ Improvisation in 2006. Trenney's programme will include works by J.S. Bach, Cesar Franck, Charles-Marie Widor, Maurice Durufle as well as some of the artist's award winning improvisations. Presented by the Royal Canadian College of Organists, Toronto. Tickets \$20

CHRISTMAS TREES – COME JOIN US

Helpers needed Thursday, Nov. 28 from 8:00am until 12:00pm.

We need volunteers to help with the assembly of the trees, the fluffing of branches, the testing and installation of the lights and other related tasks. Even if you can only come for two or three hours, your help is important.

CAREGIVER LUNCHEON

Thursday, November 28 at 12:30pm in the Friendship Room

The care that you offer to a relative or a friend is a reflection of Jesus' statement to "love one another as I have loved you," but even as Jesus found it necessary to take a break from time to time, it is hoped that this event will be seen as a short relief for you, and a time to "talk, listen and learn."

This is a reminder for those who received an invitation that the caregivers' lunch is coming soon. If you are caring for a loved one, but did not receive an invitation, please consider attending. This will be a time of fellowship and an opportunity to talk with fellow caregivers as you enjoy lunch together. Please RSVP to Denise in the Church Office by Tuesday, November 24.

YOUTH and YOUNG ADULT MINISTRY

slee@yorkminsterpark.com

Sunday Morning Schedule for Youth Group

10:00am - Youth Bible Study in Youth Zone Room 508

11:00am - Youth in Service

11:15am - Youth go to Cameron Hall for Doxa after the Children's Moment

The 3rd Sunday of the month is Serve Sunday where youth are encouraged to use their gifts to serve the church. Please speak with Sam for details.

November 29 – Skyzone Indoor Trampoline

Drop off at church 5:30pm * Pick up at church 8:30pm

Cost: \$25

COLLEGE AND CAREER

Christmas Party

Saturday, December 7, 7-10pm

Eva's Place

Pot Luck Dinner with gift exchange

YPBC News

Submissions for the December issue of the YPBC News are due by **29 November 2013**.

Text should be in WORD and photos/illustration to be in JPEG format.

Please send all items to: pilgrim.h@sympatico.ca

ART GALLERY

NOVEMBER ART SHOW and SALE

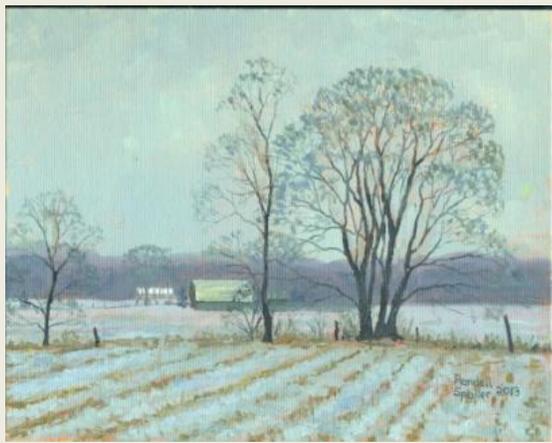
David Rankine – *Sacred Geometry: Visions of the Divine*

Rooted in ancient Celtic illumination and music, Rankine's intricate handcrafted pieces also contain elements of Arabic, Hindu, Persian and Hebrew tradition. His art crisscrosses lines of poetry, music, pure science and art.

DECEMBER SHOW INFORMATION

WATER + STONE – Kawartha Paintings

By Randall Speller



You are invited to the opening on **Sunday December 1 from 12:30pm to 2:00pm** of an exhibition of new landscape paintings by Randall Speller at the Yorkminster Park Gallery in Toronto. Focusing on his most recent work, the exhibition continues Randall's exploration of the landscape in the Kawartha region of Ontario.

The exhibition will continue until Sunday **December 22nd**. We look forward to seeing you.



The December 2013-February 2014
'Our Daily Bread' Devotionals are available in the
Centre Hall and the Narthex.

The Art of the Meal

Paintings by the old masters on themes from Scripture.

Presented by Tom Hayes

Wednesday, December 4, 2013

7:30pm

Cameron Hall



"Czech" In with Esther

Join us in welcoming home our own Esther Barnes who will delight and inspire us with tales of her recent short term mission trip to teach E.S.L. in the Czech Republic. Bring a sandwich on **Thursday December 5 from 12:30 - 2:00 pm** in the Friendship Room. Tea will be provided.

Bells on Bay St. – An Urban Christmas • **Thursday, December 5, 2013** • 7:15 AM - 8:45 AM
Guest Speaker: Michael Williams, COO, HSBC Bank of Canada
Philanthropic Partner: Brett McBride, ED Urban Promise
Hilton Toronto – 145 Richmond St. W.
Tickets: \$50



Please email Nicole Paserin at intern@intriciti.ca
to reserve a ticket or table. Space is limited.
RSVP by December 2.

• THE 5TH ANNUAL •
CITY CAROL SING

In collaboration with **Citytv** In support of Food Banks across Canada

SATURDAY, DEC. 7TH - 2:00 PM

Yorkminster Park Baptist Church 1585 Yonge Street (two blocks north of St. Clair Ave.)

WITH SPECIAL GUESTS

CYNTHIA DALE • R.H. THOMPSON • GORD MARTINEAU
and The True North Brass

FEATURING

The Larkin Singers, The Viva Youth Singers under the direction of Carol Woodward Ratzlaff
The Yorkminster Park and Christ Church Deer Park Choirs

ADMISSION FREE A collection will be taken for the Churches-on-the-Hill Food Bank

FOR MORE INFORMATION: (416) 922-1167 | yorkminsterpark.com | christchurchdeerpark.org | 9sparrowsarts.org

Broadcast on City TV – December 24 at 8pm; December 25, 5pm and 8pm; December 26, 5pm

“In Our Own Backyard” - Christmas 2013 Children’s Mission Project

Make a difference to people in our own city this winter.

Each year, we have given gifts to others out of thankfulness for all God has given us. We have chosen to be involved locally by providing gifts for people ‘in our own backyard’! We are collecting items to help a ministry here in the city. In partnership with Youth Unlimited, we are assisting families in the Shoreham Court and Driftwood communities.

How can you help?

Pick up an empty gift bag in the Narthex or the Centre Hall, take it home and fill it. Or bring an unwrapped gift and drop it in the specially marked boxes in the Centre Hall by **December 8**.

Information sheets are on the Centre Hall table.

Christmas Cookies for our elderly and homebound friends

Please bake and bring 4 dozen home-baked goodies to the Heritage Room Kitchen before the morning service of **Sunday, December 15**. Your sweets and treats are greatly appreciated.

CAROLS BY CANDLELIGHT

SUNDAY, DECEMBER 15, 4:30PM

A traditional candlelight choral presentation featuring choirs and musicians of Yorkminster Park Baptist Church. Doors open at 3:30pm.

Child care for children 5 years and under.



Broadcast later in the Christmas season on CTS TV.

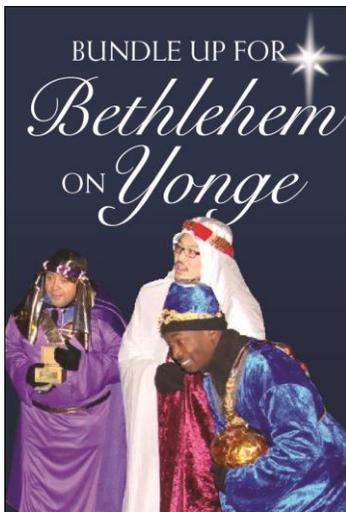


SERVICE OF COMFORT AND HOPE - Saturday, December 21, 11:00 am

If at this Christmas season you are experiencing feelings of loss or loneliness, or you would just like a break from the upcoming stress and busyness of the holiday season, please join us for a Christmas Service of Comfort and Hope in the Chapel. This is a quiet, contemplative service to help validate our feelings and draw us closer to God. A light lunch will follow in the Friendship Room.

Sunday, December 22, 4:30pm – Festival of Nine Lessons and Carols

Following the historic traditions of King's College, Cambridge. Doors open at 3:30pm. Childcare for children 5 years and under.



CHRISTMAS EVE LIVE NATIVITY with ANIMALS

Tuesday, December 24 - 5:00 p.m.
Outdoors in the Park at Yorkminster Park

Hot Chocolate and Carol singing
indoors with the Minster Singers

Bethlehem on Yonge

We are already planning for Christmas Eve's Bethlehem on Yonge event. Did you know that last year we had over 530 people who registered at the census table? And 345 of those were visitors! Imagine having the opportunity to speak to so many about the birth of our Lord!

We need your help in making the evening a welcoming success. See Sally Roy in the centre hall today to sign up. For more information please contact Miriam Little (mlittle@yorkminsterpark.com; 416-922-1361) or Sally Roy (sallyroy@rogers.com; 416-218-8806).

Join us for Bethlehem on Yonge – There are guided walks to Bethlehem departing from the census registration table every 5 minutes starting at 5:00 pm. The last tour leaves at 6:00 p.m. Worship the new baby king with the Minster Singers and Carol singing at 5:30 and 6:15 p.m. in Cameron Hall.

Tuesday, December 24, 11pm – Christmas Eve Candlelight Service

Our community of faith gathers together to recognize the light of Christ delivered as a little baby so long ago, and to share the light of Christ with each other and then take it into the world. It is a wonderful metaphor of the Christian walk that is incredibly renewing and unifying.

Wednesday, December 25, 11am – Christmas Day Communion

A quiet service with the Sacrament of Holy Communion

Tuesday, December 31, 11pm – Watchnight Service

A **watchnight service** is a late-night Christian church service. It is held late on New Year's Eve, and ends after midnight. This provides the opportunity for Christians to review the year that has passed and make confession, and then prepare for the year ahead by making new commitments. There is a deep sense of blessing for many that they have begun a new year with their sisters and brothers of the Christian family in God's house.

BENEVOLENT FUND

Through the ministry of the Yorkminster Park Benevolent Fund, members of the ministerial team are able to access funds for the purpose of offering practical help and support to people experiencing economic difficulties.

This ministry is always exercised in a confidential fashion, but the congregation is informed when the fund is running low in order that people might be given opportunity to respond to the need. The fund is now running low. If you wish to contribute, please write a cheque to Yorkminster Park and designate it for the Benevolent Fund. Thank you for helping us to help others.

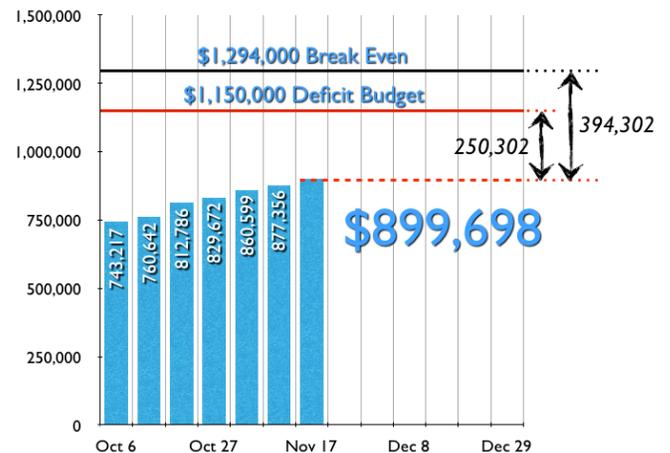
The Ministerial Team

An Update on 2013 Offerings

This chart shows, in weekly increments from October 6, the progress toward accomplishing the level of general offerings and contributions needed in 2013 to meet the Budget (leaving a deficit of \$144,000) or better still, to break even.

Historically, offerings during the last few months of the year have contributed significantly to the financing of the ministries of the church. Similarly generous commitments are needed again in 2013.

As of November 17th, the general offerings year-to-date were 69.5% of the amount needed for the church to break even for the year.



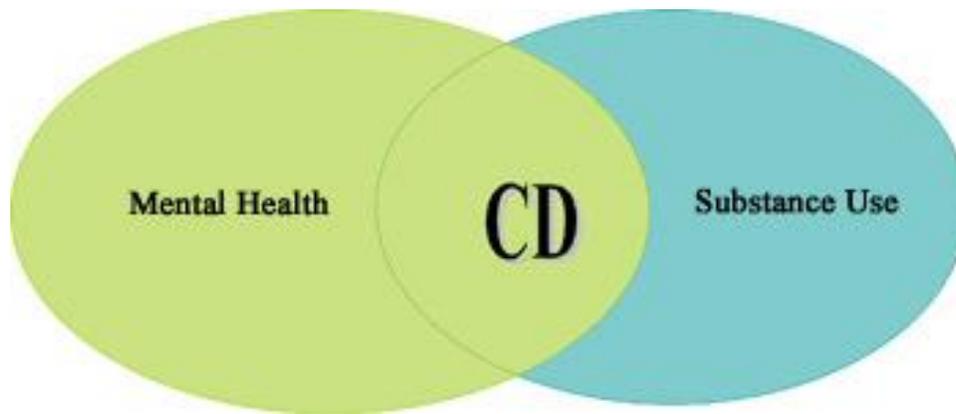
HEALTH AND WELLNESS

The Parish Nurse is available in the Church or by phone, 9:30am to 3:30pm, Tuesdays, Thursdays, Sundays, and some evenings by appointment.

Grief and Bereavement

The Grief and Bereavement Support series is being planned to begin early in the New Year. Please speak to the Rev. Dale Rose 416-922-1167 x227 or drose@yorkminsterpark.com or Cathy Newman, Parish Nurse at 416-922-1167 x245 or parishnurse@yorkminsterpark.com if you would be interested.

Health and Wellness information is available in the Narthex, Centre Hall, South tables and website. For more information or to discuss any personal or family health matters, please contact Parish Nurse, Cathy Newman RN at 416 922-1428; or mobile 416 358-6453 or by email at parishnurse@yorkminsterpark.com. All communications are confidential.



**MENTAL HEALTH PROBLEMS, SUBSTANCE USE,
AND CONCURRENT DISORDERS INFORMATION NIGHT
FRIDAY, NOVEMBER 29, 2013 · 7:00pm—9:00pm**

Presented by Concurrent Disorders Support Services Toronto

in cooperation with the Yorkminster Park Baptist Church Health and Wellness Committee

Mental health problems and substance use problems often occur at the same time and are known as *Concurrent Disorders (CD)*. There are *many* combinations of Concurrent Disorders. Some examples are;

- **Anxiety and an alcohol problem**
- **Schizophrenia and marijuana dependence or other street drugs**
- **Depression and dependence on tranquilizers or sleeping pills**
- **Chronic Pain and dependence on opiates**

Everyone is welcome to come and learn more about Concurrent Disorders signs, symptoms and treatment options!

Free Admission and Parking. Refreshments served.

For more information please visit: www.yorkminsterpark.com or contact

- Rev Dale Rose [416-922-1240](tel:416-922-1240)/drose@yorkminsterpark.com or
- Cathy Newman, RN [416-922-1428](tel:416-922-1428) / parishnurse@yorkminsterpark.com

Christmas
AT
Yorkminster Park
BAPTIST CHURCH

