

WELCOME TO
YORKMINSTER PARK BAPTIST CHURCH

MARCH 22ND, 2026
LENT V - MORNING WORSHIP



Sunday, March 22nd, 2026, 11:00 a.m.

Morning Worship - Lent V

*Indicates places in the service where worshippers are invited to stand as they are able.

Preludes – Meine Seele erhebt den Herren, BWV 648
Intermezzo

*Johann Sebastian Bach
Hermann Schroeder*

***Processional Hymn 708** – Lift up your hearts! (Woodlands)

***Call to Worship**

The Rev. Paula Willis

Introit – Lord, for Thy tender mercies' sake

Richard Farrant

Lord, for thy tender mercies' sake, lay not our sins to our charge, but forgive that is past, and give us grace to amend our sinful lives. To decline from sin and incline to virtue, that we may walk in a perfect heart before thee, now and evermore. Amen.

Invocation

The Rev. Paula Willis

The Lord's Prayer (sung Amen)

Our Father, who art in heaven, hallowed be Thy name. Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For Thine is the Kingdom, the power, and the glory, forever and ever. Amen.

***Responsive Psalm 130**

The Rev. Paula Willis

Leader: Out of the depths I cry to you, O Lord.

People: **Lord, hear my voice! Let your ears be attentive to the voice of my supplications!**

Leader: If you, O Lord, should mark iniquities, Lord, who could stand?

People: **But there is forgiveness with you, so that you may be revered.**

Leader: I wait for the Lord; my soul waits, and in his word I hope;

People: **my soul waits for the Lord more than those who watch for the morning, more than those who watch for the morning.**

Leader: O Israel, hope in the Lord! For with the Lord there is steadfast love, and with him is great power to redeem.

People: **It is he who will redeem Israel from all its iniquities.**

***Gloria Patri**

Glory be to the Father and to the Son and to the Holy Ghost As it was in the beginning, is now and ever shall be, world without end, Amen.

***FM Band – Yet Not I but Through Christ in Me**

*What gift of grace is Jesus, my Redeemer
There is no more for Heaven now to give
He is my joy, my righteousness, and freedom
My steadfast love, my deep and boundless peace*

*To this I hold, my hope is only Jesus
For my life is wholly bound to His
Oh, how strange and divine, I can sing, "All is mine"
Yet not I, but through Christ in me*

*The night is dark, but I am not forsaken
For by my side, the Savior, He will stay
I labor on in weakness and rejoicing
For in my need, His power is displayed*

*To this I hold, my Shepherd will defend me
Through the deepest valley, He will lead
Oh, the night has been won, and I shall overcome
Yet not I, but through Christ in me*

*No fate I dread, I know I am forgiven
The future's sure, the price, it has been paid
For Jesus bled and suffered for my pardon
And He was raised to overthrow the grave*

*To this I hold, my sin has been defeated
Jesus, now and ever is my plea
Oh, the chains are released, I can sing, "I am free"
Yet not I, but through Christ in me*

*With every breath, I long to follow Jesus
For He has said that He will bring me home
And day by day, I know He will renew me
Until I stand with joy before the throne*

*To this I hold, my hope is only Jesus
All the glory evermore to Him
When the race is complete, still my lips shall repeat
"Yet not I, but through Christ in me"*

*To this I hold, my hope is only Jesus
All the glory evermore to Him
When the race is complete, still my lips shall repeat
"Yet not I, but through Christ in me"*

*When the race is complete, still my lips shall repeat
"Yet not I, but through Christ in me
Yet not I, but through Christ in me
Yet not I, but through Christ in me"*

Prayer with the Children

The Rev. Dr. Ken Bellous

Welcome and Announcements

The Rev. Dr. Ken Bellous

Holy Scripture

Claudette Knight

Romans 8:5-11
Ezekiel 37:1-14

Pastoral Prayer

The Rev. Paula Willis

Choral Response – Hear my prayer, O Lord my God

S. Alec Gordon

Offering

He who supplies seed to the sower and bread for food will supply and multiply your seed for sowing and increase the harvest of your righteousness. (2 Corinthians 9:10)

Anthem – Sanctus (Messe Solonelle)

Joseph Jongen

Sanctus. Sanctus, Sanctus, Dominus Deus Sabaoth! Pleni suni coeli et terra gloria tua. Hosanna in excelsis.

Holy, holy, holy, Lord God of Hosts! Heaven and earth are full of Thy glory; glory be to Thee, O Lord most High.

***Doxology**

*Praise God, from whom all blessings flow;
Praise him, all creatures here below;
Praise him above, ye heavenly host
Praise, Father, Son and Holy Ghost. Amen.*

***Hymn 144** – How deep the Father's love for us (Townend)

Sermon – “Standing Up on the Inside”

The Rev. Dr. Ken Bellous

***Recessional Hymn 231** – Look, ye saints, the sight is glorious (Regent Square)

***Benediction**

The Rev. Dr. Ken Bellous

***Amen** – Maddox in the Dorian mode

Postlude – Toccata in D minor, BWV 565

Johann Sebastian Bach

Carillon – Caithness

arr. John R. Knox

Naoko Tsujita, Carillonneur

Jessica Willingham, Loren Graziano, Cassandra Amorim, sopranos

Margaret Terry, Amanda Weatherall, altos

Adam Wicks, Ronald Tapawan, tenors

Stephen King, Joseph Ernst, basses

Sharon L. Beckstead, Associate Musician

ANNOUNCEMENT FROM OOTC

Out of the Cold (OOTC) is currently in need of reusable shopping bags. If you have any to spare, please consider donating them to support this important ministry. Bags can be given directly to Dina Gilbert or dropped off at the church office. Thank you for helping us serve our community with care and dignity.

YORKMINSTER PARK GALLERY ART COMMITTEE

Interested in Art and Artists? Have you enjoyed the exhibitions regularly presented in the Yorkminster Park Gallery? The YP Gallery Art Committee is looking for two members to join our Committee; those who enjoy working collaboratively, have a sense of humour, would enjoy searching and reaching out for new artists for our future exhibitions, and assisting with the set up and take down of gallery shows.

If you are interested please contact us at YPGallery@yorkminsterpark.com

FROM THE GLADSTONE LIBRARY

*Meditate further on the Passion, Cross and Resurrection of Jesus.
Borrow a book from the Narthex book cart for Holy Week and Easter.*

HOLY WEEK & EASTER AT YORKMINSTER PARK

PALM SUNDAY, MARCH 29TH

MORNING SERVICE 11:00 A.M.

Sermon: The Rev. Dr. Ken Bellous

PASSIONTIDE DEVOTION 4:30 P.M.

A choral expression of faith for Holy Week

WEDNESDAY, APRIL 1ST

LENTEN STUDY TALK 7:00 P.M. ZOOM

Join Wendy VanderWal Martin of the Henri Nouwen Society for the closing talk of our Lenten study. [Click here to register online](#), or contact the Rev. Paula Willis at pwillis@yorkminsterpark.com

MAUNDY THURSDAY, APRIL 2ND

EVENING SERVICE | 7:00 P.M.

Readings, prayers, music, footwashing and Communion. Homily: The Rev. Dr. Ken Bellous
Music: Iona Passage

GOOD FRIDAY, APRIL 3RD

MORNING SERVICE 11:00 A.M.

Reflecting on Christ's words from the cross.

Homily: The Rev. Dr. Ken Bellous

GOOD FRIDAY WALK 12:30 P.M.

THE GOOD FRIDAY CONCERT | 4:00 P.M.

Featuring the Hedgerow Singers..

HOLY SATURDAY, APRIL 4TH

MORNING SERVICE | 11:00 A.M.

A Service of Prayer, Meditation and Music.

Homily: The Rev. Paula Willis

Music: Charlene Wallace, harpist

EASTER SUNDAY, APRIL 5TH

EARLY MORNING SERVICE 8:30 A.M.

Readings, and Communion in Cameron Hall.

EASTER BREAKFAST 9:00 A.M. Heritage Room

EASTER WORSHIP 11:00 A.M.

Choir and brass accompaniment to the great hymns of Easter. Sermon: The Rev. Dr. Ken Bellous

EASTER SUNDAY BREAKFAST

VOLUNTEERS NEEDED TO ASSIST WITH PREPARATIONS

- 4 Volunteers | Friday, April 3, Noon**
Set up the tables
- 5 Volunteers | Saturday, April 4, 9:00 a.m.**
Assist with food prep/approximately 2.5 hrs
- 2 Volunteers | Sunday, April 5, 7:45 a.m.**
Set-up/approximately 45 minutes
- +6 Volunteers Sunday, April 5, 9:00 a.m.**
Serving and clean-up

Please contact Rev. Paula Willis
416-922-1240 or pwillis@yorkminsterpark.com



A FLORAL CELEBRATION OF **EASTER**



Honor loved ones by donating to the Flower Fund for our Easter floral celebration.

To contribute, please complete a donation form, found on tables in the narthex and centre hall) and return it with your payment by mail, or drop it off at the church office.

You can also donate online at www.yorkminsterpark.com > [GIVE](#).

Select Flower Fund from the dropdown menu and enter your dedication details ("In memory of" and "My name to appear as") in the optional message box.

Cost: \$20 PER MEMORIAL

**DON'T MISS
THE DEADLINE
FOR DONATIONS
SUNDAY
MARCH 29**

PASSIONTIDE DEVOTION

PALM SUNDAY, MARCH 29, 4:30 PM

A choral expression of faith for Holy Week

Presented by the Yorkminster Park Choir
William Maddox, Organist and Director of Music
Sharon L. Beckstead, Associate Musician



HOLY WEEK LENTEN STUDY TALK: DISCERNMENT

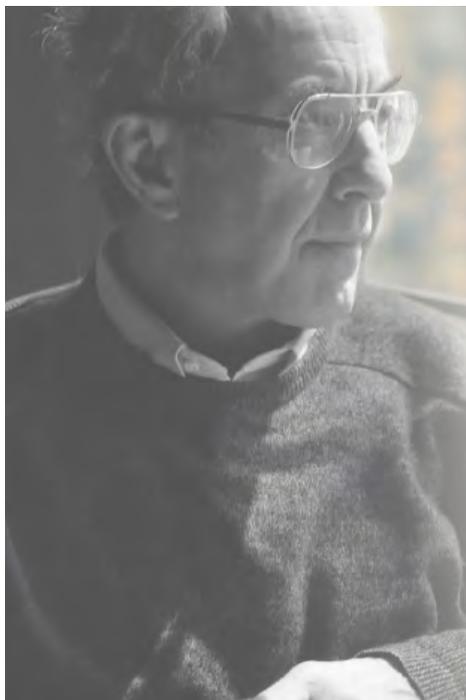
WEDNESDAY, APRIL 1, 7 PM | ZOOM



Join **Wendy VanderWal Martin** of the **Henri Nouwen Society** for the closing talk on our Lenten study, *Discernment: Reading the Signs of Daily Life*.

Don't miss this chance to reflect, learn, and deepen your spiritual journey.

YOU MUST REGISTER TO ATTEND: [Click here](#) to sign-up online, or contact the Rev. Paula Willis at pwillis@yorkminsterpark.com or 416-922-1240.



BOARD OF MISSION UPDATE

STORY DAY: Nurturing front-line ministries by sharing stories

One of our partners in mission in Toronto is The Dale Ministries. This innovative ministry has no walls. It works with other partners to help those suffering homelessness, hunger, and isolation.

One of its novel initiatives is Story Day. Says Erinn Oxford, Executive Director and Pastor of The Dale, “With Story Day we gather people together who are motivated by faith to address issues of poverty and injustice. These folks often feel that they work in silos. Many are experiencing compassion fatigue and vicarious trauma. It often means burnout. So Story Day is about nurturing a sense of belonging that is rooted in the truth that we are beloved children of God.”

About 120 people gather for Story Day from a wide range of ministries, churches, and academic institutions. Past participants have included organizations such as The Salvation Army, YSM, The Common Table, Helping Hands Mission (Hamilton), Sanctuary Toronto and London, The Dam, Barton 541 (Hamilton), Youth Unlimited, FOS (Vancouver), The Ark (Halifax), Regenerate, Outflow (St. John’s), U Turn (Carbonear, NL), NAAITS, Tyndale, Wycliffe College, and local churches.

Story Day is a recurring initiative. In addition to the flagship Toronto event each October, a bilingual Story Night was held in Montreal last year, with another planned for this year. Upcoming and potential expansions include St. John’s (April 22) and Vancouver.

YPBC’s Director of Mission and Community Engagement Ahmeda Mansaray Richardson has attended a number of Story Day events, including as a storyteller.

She notes, “All through the day attendees repeatedly speak of how necessary it is to have such an oasis. It is planned with care and attention for people who continually pour out their own care, attention and love on our most neglected. “As a speaker and an attendee in prior years, I stand as witness to the transformational, refreshing experience that The Dale has created for us urban ministry workers.”



Story Day at Saint James Cathedral



**DON'T MISS
THE DEADLINE
FOR SUBMISSIONS
SUNDAY
MARCH 29**

CALL FOR SUBMISSION

YP Gallery invites submissions of paintings, drawings, original prints, and fine art photography.

Approximately 24 works will be curated for exhibition in the Gallery.

HOW IT WORKS:

The purchaser pays the seller directly. The seller may then donate the proceeds to YPBC and receive a charitable tax receipt.

Submission forms are available in the Narthex, the Gallery and YP Centre Hall For more information contact:
ypgallery@yorkminsterpark.com

PRAYER SHAWL KNITTING GROUP

**Tuesday, March 24, 1:00
Friendship Room**

**Enjoy knitting, crocheting, or
would love to learn?**

Join us for an afternoon of fellowship and of creating shawls to be given to people in need of comfort.

For more information contact the church office, **416-922-1167** or office@yorkminsterpark.com

**NINE SPARROWS
ARTS FOUNDATION PRESENTS**

THE GOOD FRIDAY CONCERT

*Music and Readings
for a Most Holy Day*

FRIDAY, APRIL 3, 2026 4:00 PM

SPECIAL GUEST

John Johnson, saxophone



Welcome families! In support of our Protection Plan, upon arrival, parents/guardians may sign-in their child (Babies to Gr. 5) at the Centre Hall Table before the service begins and then sign-out their child in Cameron Hall following the Choral Amen of the Service (during the Postlude).

Sunday Morning:

- Family Ministry Leader Prayer Time: 9:45-10:15am
- Family Ministries (children/youth): 11:10am-12:15pm
 - o Children/Youth and their families are in the Sanctuary for the first part of the 11am Worship Service
 - o After the Children's Prayer Time in the Service, children, youth and leaders go to Cameron Hall for further worship and faith learning before dividing into age-appropriate groups
- We encourage all youth (Gr. 6-12) to hang out in the Youth Zone Rm upstairs after the service for fellowship time
- Family Ministry Potluck Luncheons (Scheduled Sundays throughout the year)

Tuesday Online:

- Family Ministry (ALL Ages) Bible Study and Activities: 6:30-7:15pm
- Family Ministry Leader's Bible Study and Prayer: 7:15-8pm

Youth Nights (twice a month):

- Youth (Gr. 6-12) are welcome to experience Fun, Faith and Fellowship two scheduled nights a month

To receive our weekly Family Ministry E-update, Zoom links or any information about our ministries, schedule, events, potlucks and more, please contact **Leticia Limgenco** at llimgenco@yorkminsterpark.com

Like us on [Facebook](#) | Follow us on [Instagram](#) | Subscribe to our [YouTube Channel](#)

Family Ministry Collage - March 22nd 2026



Yorkminster Park Week-at-a-Glance

Sunday, March 22

- 10:00 am** Mustard Seed Fellowship, led by Brenda Lam and Janet Kim, Teal Boardroom (502)
- 10:00 am** Berean Bible Study, led by Rick Doust, Red Board Room (101)
- 11:00 am** Morning Worship Service, Lent V, The Rev. Dr. Ken Bellous preaching, Sanctuary
- 7:00 pm** Evening Worship, The Rev. Paula Willis preaching, Sanctuary

Monday, March 23

- 9:00 am** Meals on Wheels
- 1:00 pm** Women of the Word Bible Study led by Esther Barnes, Zoom Only
- 7:00 pm** Lenten Life Group led by Dr. Rob Inman, Zoom Only

Tuesday, March 24

- 9:00 am** Meals on Wheels
- 10:00 am** Dorcas Knitting Group, Youth Zone (508)
- 10:00 am** Tuesday Morning Bible Study, led by The Rev. Paula Willis, Friendship Room (302)
- 11:00 am** Open Doors, Sanctuary
- 12:10 pm** Lunchtime Chamber Music, featuring Adrian Tsui, piano
- 1:00 pm** Prayer Shawl Knitting Group, led by Rhoda Hill, Friendship Room (302)
- 6:30 pm** FM Zoom Meeting, led by Leticia Limgenco, Zoom Only
- 7:00 pm** Lenten Life Group, John Torrance and Rick Doust, Zoom Only

Wednesday, March 25

- 7:00 am** Morning Brew Bible Study, led by Stuart Campbell, Friendship Room (302)
- 9:00 am** Meals on Wheels
- 11:00 am** Open Doors, Sanctuary
- 12:30 pm** Noonday Organ Recital, featuring Imre Olah, Director of Music and Organist, Richmond Hill Presbyterian Church
- 5:30 pm** Out of the Cold, Heritage Room & Gymnasium
- 7:00 pm** Wednesday Lenten Study Group, led by The Rev. Paula Willis, Zoom Only

Thursday, March 26

- 9:00 am** Meals on Wheels
- 11:00 am** Open Doors, Sanctuary
- 12:00 pm** Lenten Life Group, led by Dina Gilbert, John Gladstone Library
- 1:30 pm** Thursday Bible Study Group, led by Ahmeda Mansaray-Richardson, Zoom Only
- 7:00 pm** Thursday Night Bible Study, led by John Speller, Zoom Only
- 7:30 pm** YP Choir Practice, Cameron Hall

Friday, March 27

- 9:00 am** Meals on Wheels
- 6:30 pm** Life Together Life Group, Friendship Room (302)

Saturday, March 28

- 12:00 pm** YP Art Gallery OPEN, featuring artist Ila Kellermann, "Ebb and Flow"

Sunday, March 29

- 10:00 am** Mustard Seed Fellowship, led by Brenda Lam and Janet Kim, Teal Boardroom (502)
- 10:00 am** Berean Bible Study, led by Rick Doust, Red Board Room (101)
- 11:00 am** Morning Worship Service, Palm Sunday, The Rev. Dr. Ken Bellous preaching, Sanctuary
- 4:30 pm** Passiontide Devotion, Sanctuary

We are delighted to have you worshipping with us!

Thank you for joining us in person and online

Stay Connected: Please [share your email address](#) to receive emails about life at Yorkminster Park. Your information is confidential and will not be shared with others.

Accessibility: Large-print Bibles and calendars, hearing assistance and a limited number of wheelchairs are available upon request. If you require assistance, please ask an usher.

Offerings and Donations

There are a number of ways to make offerings or donations to the church.



In Person

Place your gifts in the collection plate during services or special events.



Scan the QR Code

It will take you directly to our [CanadaHelps](#) page.



By Mail

Send your offering by cheque to the church office.



Online and Interac e-Transfer

Visit our website [yorkminsterpark.com](#) > Give

OR Submit your offering by **Interac e-Transfer** to transactions@yorkminsterpark.com



Pre-Authorized Remittance (PAR)

Regular monthly offering directly from your bank.



Tap to Give

Use our **TipTap** machine
Please note that a tax receipt cannot be issued at this time.

Indigenous Land Acknowledgment

In the prayerful hope of true reconciliation and healing, we acknowledge the land we are meeting on has been the site of human activity for over 15,000 years. This land is the traditional territory of many nations including the Mississaugas of the Credit, the Anishnabeg, the Chippewa, the Haudenosaunee and the Wendat peoples and is now home to many Indigenous people from across Turtle Island and we are grateful to live, work and worship on this land.

The Rev. Dr. Ken Bellous

Interim Minister of the Congregation

The Rev. Paula Willis

Minister of Pastoral Care
and Discipleship

Mr. William Maddox

BMus, FTCL, FCAM
Organist and Director of Music

Ms. Leticia Limgenco

Interim Director of
Family Ministries

Ms. Ahmeda Mansaray-Richardson

Director of Mission and Community Engagement

The Rev. John Torrance

Minister Emeritus, Pastoral Care



Hymns – March 22nd 2026

***Processional Hymn 708 – Lift up your hearts!**

- 1 'Lift up your hearts!' We lift them, Lord, to thee ;
here at thy feet none other may we see :
'lift up your hearts!' E'en so, with one accord,
we lift them up, we lift them to the Lord.
- 2 Above the level of the former years,
the mire of sin, the slough of guilty fears,
the mist of doubt, the blight of love's decay,
O Lord of light, lift all our hearts to-day.
- 3 Above the swamps of subterfuge and shame,
the deeds, the thoughts, that honour may not name,
the halting tongue that dares not tell the whole,
O Lord of truth, lift every Christian soul.
- 4 Lift every gift that thou thyself hast given :
low lies the best till lifted up to heaven ;
low lie the bounding heart, the teeming brain,
till, sent from God, they mount to God again.
- 5 Then, as the trumpet-call in after years,
'Lift up your hearts!' rings pealing in our ears,
still shall those hearts respond with full accord,
'We lift them up, we lift them to the Lord!'

***FM Band – Yet Not I but Through Christ in Me**

*What gift of grace is Jesus, my Redeemer
There is no more for Heaven now to give
He is my joy, my righteousness, and freedom
My steadfast love, my deep and boundless peace*

*To this I hold, my hope is only Jesus
For my life is wholly bound to His
Oh, how strange and divine, I can sing, “All is mine”
Yet not I, but through Christ in me*

*The night is dark, but I am not forsaken
For by my side, the Savior, He will stay
I labor on in weakness and rejoicing
For in my need, His power is displayed*

*To this I hold, my Shepherd will defend me
Through the deepest valley, He will lead
Oh, the night has been won, and I shall overcome
Yet not I, but through Christ in me*

*No fate I dread, I know I am forgiven
The future's sure, the price, it has been paid
For Jesus bled and suffered for my pardon
And He was raised to overthrow the grave*

*To this I hold, my sin has been defeated
Jesus, now and ever is my plea
Oh, the chains are released, I can sing, “I am free”
Yet not I, but through Christ in me*

*With every breath, I long to follow Jesus
For He has said that He will bring me home
And day by day, I know He will renew me
Until I stand with joy before the throne*

*To this I hold, my hope is only Jesus
All the glory evermore to Him
When the race is complete, still my lips shall repeat
“Yet not I, but through Christ in me”*

*To this I hold, my hope is only Jesus
All the glory evermore to Him
When the race is complete, still my lips shall repeat
“Yet not I, but through Christ in me”*

*When the race is complete, still my lips shall repeat
“Yet not I, but through Christ in me”
Yet not I, but through Christ in me
Yet not I, but through Christ in me*

***Hymn 144 – How deep the Father’s love for us**

- 1 How deep the Father’s love for us,
how vast beyond all measure,
that he should give his only Son
to make a wretch his treasure.
How great the pain of searing loss ;
the Father turns his face away,
as wounds which mar the chosen One
bring many souls to glory.
- 2 Behold the man upon a cross,
my sin upon his shoulders ;
ashamed, I hear my mocking voice
call out among the scoffers.
It was my sin that held him there,
until it was accomplished ;
his dying breath has brought me life —
I know that ‘it is finished.’
- 3 I will not boast in anything,
no gifts, no power, no wisdom ;
but I will boast in Jesus Christ,
his death and resurrection.
Why should I gain from his reward ?
I cannot give an answer ;
but this I know with all my heart,
his wounds have paid my ransom.

***Recessional Hymn 231 – Look, ye saints, the sight is glorious**

- 1 Look, ye saints, the sight is glorious.
See the Man of Sorrows now,
from the fight returned victorious.
Every knee to him shall bow :
Crown him! crown him! crown him! crown him!
Crowns become the victor's brow.
- 2 Crown the Saviour ; angels, crown him ;
rich the trophies Jesus brings ;
in the seat of power enthrone him,
while the vault of heaven rings :
Crown him! crown him! crown him! crown him!
Crown the Saviour, King of kings !
- 3 Sinners in derision crowned him,
mocking thus the Saviour's claim ;
saints and angels crowd around him,
own his title, praise his name :
Crown him! crown him! crown him! crown him!
Spread abroad the victor's fame !
- 4 Hark! those bursts of acclamation,
hark! those loud triumphant chords!
Jesus takes the highest station :
O what joy the sight affords.
Crown him! crown him! crown him! crown him!
King of kings and Lord of lords !